

High Frequency and Common Exception Words Checklist

First 100 common words in frequency order (by the end of Year 1)

a	off	she	when
an	go	we	about
and	I	all	house
as	into	my	I'm
big	no	was	made
but	the	you	make
at	to	it's	old
can	down	went	saw
dad	for	from	time
get	look	help	very
got	see	just	came
had	that	children	day
him	now	have	don't
his	them	like	by
if	then	so	here
in	this	out	your
is	too	there	oh
it	will	come	their
mum	with	do	people
not	are	little	Mr
of	be	one	looked
on	they	said	called
put	her	some	asked
up	he	were	could
back	me	what	Mrs

- Learn to read, write and spell the words.
- Practise the Look, Say, Cover, Write, Check then Write Again method.
- Try 'Rainbowwrite' – re-write the words in lots of different colours.
- Work on 6 words at a time in and out of order and context.
- Make flash cards and play snap or memory recall games.
- Make a board game using the words – roll, move and read.
- Write and read silly sentences using the words.
- Count how many times you see the words in your books or when you are out & about.

Next 200 common words in frequency order (by the end of Year 2)

water	away	good	want	over
how	did	man	going	where
would	or	took	school	think
home	who	didn't	ran	know
bear	can't	again	cat	long
things	new	after	wanted	eat
everyone	our	two	has	yes
play	take	thought	dog	well
find	more	I'll	round	tree
magic	shouted	us	other	food
fox	through	way	been	stop
must	red	door	right	sea
these	began	boy	animals	never
next	first	work	lots	need
that's	baby	fish	gave	mouse
something	bed	may	still	found
live	say	soon	night	narrator
small	car	couldn't	three	head
king	town	I've	around	every
garden	fast	only	many	laughed
let's	much	suddenly	told	another
great	why	cried	keep	room
last	jumped	because	even	am
before	gran	clothes	tell	key
fun	place	mother	sat	boat
window	sleep	feet	morning	queen
each	book	its	green	different
let	girl	which	inside	run
any	under	hat	snow	air
trees	bad	tea	top	eyes
fell	friends	box	dark	grandad
there's	looking	end	than	best
better	hot	sun	across	gone
hard	floppy	really	wind	wish
eggs	once	please	thing	stopped
ever	miss	most	cold	park
lived	birds	duck	horse	rabbit
white	coming	he's	river	liked
giant	looks	use	along	plants
dragon	pulled	we're	fly	grow

Also common exception words for Year 1:

the	a	do
to	today	of
said	says	are
were	was	is
his	has	I
you	your	they
be	he	me
she	we	ask
go	so	no
by	my	here
there	where	friend
love	come	some
one	once	school
put	push	
pull	full	
house	our	

(Some of these words will also be on the First 100 list)