

## Newsletter Week 3

Autumn 2019

Someone once said '*Parenting is the easiest thing to have an opinion about but the hardest thing to do*'. Being a parent can be joyful but it can also be relentless (I am a parent too - I speak from experience!) so in this week's newsletter we hope to offer some support with a link to how to apply for free school meals and also some information on local parenting courses. The courses offer a great opportunity to get together with other parents, have a chat and share experiences. The courses are free and cover a range of issues from dealing with challenging behaviour to building self-esteem. This is the first course to be held in our area for some time so with limited places I would imagine it will fill up quickly. See Ms McGreer's newsletter item for more details.

Nikki Brown

### Would you like to save up to £450 per year?

Your child may be eligible for free school meals if you receive any of these benefits:

- Income Support
- income-based Jobseeker's Allowance
- income-related Employment and Support Allowance
- support under Part VI of the Immigration and Asylum Act 1999
- the guaranteed element of Pension Credit
- Child Tax Credit (provided you're not also entitled to Working Tax Credit and have an annual gross income of no more than £16,190)
- Working Tax Credit run-on - paid for 4 weeks after you stop qualifying for Working Tax Credit
- Universal Credit - if you apply on or after 1 April 2018 your household income must be less than £7,400 a year (after tax and not including any benefits you get)

You can check your entitlement and apply on line [here](#)



Polite Reminder– A member of staff is on duty to supervise our pupils in the playground in the morning but children are not allowed on the astroturf, the Y3-6 climbing frame or the Y1-2 AB climbing frame.

Please do not allow young siblings onto these areas. It makes it very difficult for the rest of the children who know they aren't allowed on it before or after school!



## Cambridgeshire Needs Talented Teachers—Could that be you?

We are facing a national shortage of teachers but Cambridge is being hit particularly hard and many schools are facing ongoing struggles to recruit the great teachers our children need.

Did you know there are now salaried training courses as well as the traditional PGCE or B.Ed degree routes?

If you are interested in finding out more about how to enter this rewarding profession 'Teach in Cambridgeshire' will be holding a 'Getting into Teaching' evening at Anglia Ruskin University from 6-8pm on Thursday 7th November. With all of the local teacher training providers attending it will be an informative evening for those interested in a career in teaching.

Find out more [here](#)



## ***The Friends of Morley (your school PTA) are hosting their 'Start of Year' social evening and Annual General Meeting at Balzano's on Monday 30th September at 8.00pm***

Come and hear about the work of Friends of Morley. There will be drinks, nibbles and the opportunity to meet and mingle with other parents.

There will also be a short presentations from: The Headteacher and Chair of Governors, Philip Colligan, with the Friends of Morley providing a summary of fundraising events.

We hope to see you there,  
From the Friends of Morley Team



*We are often approached by parents and carers that sometimes want or need some extra help or information to better equip them to deal with parenting issues. Cambridge County Council offer a range of free courses to support you. Some of the courses are:*

**'The Incredible Years'**

For parents of children aged 6 and over. Ten to 14 weeks of 2 hour sessions.

The Incredible Years school age programme is designed for parents once their children are attending school and gaining more independence. Its aim is to strengthen parenting skills giving them the tools required for more effective positive parenting. It is particularly effective for children who may have a conduct disorder. The Incredible Years 6+ course will support your child in these areas:

- Emotional and social development - attachments, coping with stress, social learning theory, cognitive theory
- Behavioural development
- Identity, self-esteem
- Family and social relationships
- Self care and independence

**'Raising children'**

For parents of children up to 12. Ten weeks of 2 hour sessions.

Raising Children is suitable for all parents from those who just want to learn more about their child's development to the parent who needs a bit more support in understanding their child's behaviour.

- Emotional and social development - attachments, coping with stress, social learning theory, cognitive theory
- Behavioural development
- Identity, self-esteem
- Speech and language

For information on parenting courses scheduled, and contact details for booking, please see the listings on [Cambridgeshire.net](http://Cambridgeshire.net).

